

ISPPD Smiletimes

The Official Newsletter of

Indian Society of Pedodontics and Preventive Dentistry

April- June 2025



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The Official Newsletter of Indian Society of Pedodontics & Preventive Dentistry



ISPPD- Smile Times

April-June 2025



Painting by-Dr.Chaitali Umesh Hambire



About ISPPD

The Indian Society of Pedodontics and Preventive Dentistry (ISPPD) is a national society specifically concerned with the oral health of children in India. It aims to improve oral health in children and encourage the highest standards of clinical care. ISPPD has over 2000 Pediatric Dentists as life members.

The emblem of the society is based on the famous triad of Keyes (1960). One circle represents the tooth, the other the bacteria and the third diet. The shaded area of inter-section of the circles represents dental caries. The Stress given is that for caries to develop all the three factors are essential; caries cannot occur if one factor is missing

Incidentally, this area of inter section of circles takes the form of Triangles. The triangle connotes two aspects

It represents delta, which is the sign of dentistry,

It depicts the pedodontic triangle as given by Wright (1975).

The three corners of triangles are indicative of (a) Child, (b) Mother (parent) and (c) Dentist. This triangle represents 1:2 transaction for the management of children

The top circle of keys in the emblem carries symbols of the emblem of the Indian dental Association (IDA) - Staff of Aesculpius with wings of serpents encircling around it. The staff of Aesculpius stands of captor of authority and represents the professional authority of association. The serpents show the power of healing since serpents ages back have been used for healing. Hippocrates adopted this symbol and we have adopted it with two serpents entwined around the staff in opposite directions. The wings on the staff represents the spread of knowledge. The wings have 6 small and 3 large divisions as in the IDA emblem.

The Indian Society of Pedodontics and Preventive Dentistry has been formed on the firm belief that "Every child has a fundamental right to his total oral health". The Society has an obligation to fulfill this faith.

Aims & Objectives

- The Society is formed on the firm belief that “Every child in India has a fundamental right to total oral health”. Every member of the Dental profession in general and Pedodontists in particular have an obligation to uphold this right.
- The Society shall have the solemn responsibility towards the maintenance of positive dental health of the children through prevention, involvement of the community and through other necessary measures to achieve this objective.
- The Society shall make an endeavor to provide suitable medium for honoring the commitment it has so sacredly undertaken.
- The Society shall be responsible for improvement of education, research and delivery of Oralhealth care in the field of Pedodontics & Preventive Dentistry and shall extend cooperation or collaborate with any individual, group or organization,national or international, with similar ideas, ideals and objectives

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MH

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PRESIDENT'S NOTE



Dear Esteemed Members,

As we reach the close of another productive year for the Indian Society of Pedodontics and Preventive Dentistry (ISPPD), I am filled with gratitude and optimism for the journey we have undertaken together. It is heartening to witness the advances in our field, the growth of our society, and the dedication of our members towards improving the oral health of children across India.

Pedodontics and preventive dentistry play a critical role in establishing a foundation for a lifetime of good oral health. Every child we reach and every tooth we save is a step toward healthier futures. During the past year, our society has been devoted to elevating the standards of pediatric dental care and advocacy for child oral health at various levels. The commitment exhibited by our members in participating in outreach programs, workshops, and continuing education has been inspiring.

One of the highlights in the month of August is Pedia RaRe 6, which was successfully conducted by KLE Dental college & Hospital, Bangalore, under Dr. Madhu, Vice president & Prof, Head, where in almost all the postgraduates, in the different parts of India got benefited. Thank you to all the speakers and organizers who made these events possible and for the enthusiasm displayed by the participants.

As we look forward our focus will remain on amplifying the voice of pediatric dentistry in India. The upcoming Annual Conference promises to be a landmark event, bringing together leading experts and practitioners to discuss pressing issues and emerging trends within our field. I encourage all members to actively participate and share their experiences, as this is an invaluable opportunity for collaboration and learning.

As we head into a new year, I urge each of you to reflect on our mission and the role you can play in its realization. Together, we can enhance the health outcomes of the children we serve and advocate for policies that promote better oral health practices at a national level.

Thank you for your continued support, enthusiasm, and dedication. Your contributions make the ISPPD what it is today a vital and dynamic community that is passionate about pediatric dentistry and committed to making a difference in the lives of children.

Let's continue to work together with shared purpose and resolute vision. Wishing you all a prosperous and fulfilling year ahead!

Wishing you all good health and success.

Dr. Shashikiran N.D.

Dean. Prof & Head

Pediatric Dentistry

School of Dental sciences

Krishna Vishwa Vidyapeeth Deemed to be University . Karad, Maharashtra

MESSAGE FROM THE SECRETARY GENERAL



Dear Esteemed Members, Friends, and Colleagues,

Warm greetings to you all!

As we embrace the spirit of the festive season, I wish each one of you joy, peace, and prosperity. May this time of celebration also bring renewed energy and inspiration in both your personal and professional lives.

It gives me immense pleasure to share that PediaRare 6 was successfully conducted with overwhelming participation and engagement for the post-graduates. The scientific deliberations, insightful case discussions, and collaborative spirit truly made it a memorable event. A heartfelt thank you to all the speakers, delegates, and organizing teams who contributed to its success.

Additionally, the recently held Reviewers' Workshop was another significant step in strengthening the quality and integrity of our academic endeavors. The sessions were well-received and emphasized the importance of critical review and scientific rigor.

Looking ahead, we are excited to announce very soon our Forthcoming Interceptive Orthodontic Program, designed to enhance understanding and clinical proficiency in early orthodontic intervention. We invite all members, especially young clinicians and postgraduates, to actively participate in this enriching program and benefit from the expertise of leading professionals in the field.

Let us continue working together, fostering a culture of learning, innovation, and excellence in pediatric dentistry.

Wishing you all a wonderful festive season ahead!

With Best Wishes

Dr. Varinder Goyal, MDS, MFDS, RCPS (Glasgow)

Secretary General

Indian Society of Pedodontics and Preventive Dentistry

Member, Board of Directors, International Association of Pediatric Dentistry

Professor & Head, Department of Paediatric & Preventive Dentistry,

Guru Nanak Dev Dental College & Research Institute, Sunam-148028, Punjab, India

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FROM THE EDITORIAL BOARD



Dear Readers,

It is with immense joy and gratitude that I present to you the new issue of ISPPD Smiletimes, the official newsletter of our beloved society. Each edition has been a step forward in creating a vibrant platform that reflects the spirit, achievements, and aspirations of the Indian Society of Pedodontics and Preventive Dentistry.

Dentistry, especially pediatric dentistry, is a field where science meets compassion. In this issue, we bring you not only academic updates and society news but also stories that celebrate the dedication of our members toward nurturing bright smiles and healthier futures for children. The efforts of our members be it in research, clinical practice, outreach, or mentoring continue to inspire and strengthen the fraternity

I take this opportunity to thank our contributors, reviewers, and the society leadership for their unwavering support in shaping this issue. Above all, I thank you—the readers for your continued encouragement and engagement. Your feedback and participation are the true driving force behind Smile times.

Let us continue to work together in spreading knowledge, fostering innovation, and building smiles that last a lifetime.

With warm regards,

Dr Faizal CP

Chief Editor, ISPPD SmileTimes

Dean-Academics

Prof & Head, Dept of Pediatric & Preventive Dentistry

Kannur Dental CollegeAnjarkandy, Kannur 670612

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Associate professor
Institute of Dental Science
Bhubaneswar, Odisha

JISPPD AUTHORS AND REVIEWERS WORKSHOP



JISPPD's Authors & Reviewers Workshop – 2025, themed “Essentials in Scientific Writing”, was successfully held on the 25th and 26th of April 2025. It was hosted by the Department of Pediatric & Preventive Dentistry, Kannur Dental College, Kannur Kerala .The two-day event aimed to strengthen research literacy among dental professionals and postgraduate students. Through expertly curated sessions, the workshop highlighted critical components of scientific writing and peer reviewing, empowering participants to contribute effectively to academic publishing in dentistry.

The programme was inaugurated by Rear Admiral K Mohanan AVSM (Retd) , Dr Faizal CP , Vice president ISPPD. & HoD Dept of Pediatric and Preventive Dentistry, Kannur Dental College presided over the inaugural function . Dr Sharath Asokan , Editor in Chief JISPPD delivered the key note lecture. Dr Soni K welcomed the gathering and Dr Subbalakshmi EC member ISPPD gave the felicitation speech



Day 1 featured a comprehensive lineup beginning with registration and a pre-test, followed by engaging lectures: Dr. Sharath Asokan presented “The Peer Review/Editorial Cycle” Dr. B. S. Suprabha discussed “Is Manuscript Aligned to the Journal Scope/Priority?” and Dr. Deepa Gurunathan elaborated on “Guidelines Based on Study Designs” . Post-lunch sessions included “Writing/Reviewing Original Research” by Dr. Rashmi Nayak , “English in Scientific Writing” by Dr. K. M. Prathibha and “Introduction to Mendeley” also by Dr. Prathibha .

On Day 2, Dr. Virat Galhotra opened with “Writing/Reviewing Case Reports” followed by Dr. Umesh Wadgave on “Writing/Reviewing Systematic Reviews” and “Errors in Statistical Methods” . Dr. Sharath Asokan concluded with “Editor’s Perspective – Expectations & Tips” . The workshop ended with a post-test, open discussion, and valedictory session

The sessions fostered interactive learning, offered hands-on guidance for young researchers, and reinforced the importance of precision, ethics, and structure in scientific writing. The workshop provided numerous tangible benefits. For authors, it improved writing quality, built confidence, refined technical skills, and offered direct networking with experienced faculty. For reviewers, the sessions strengthened scientific integrity, critical analysis, and understanding of evolving publishing trends. A major advantage was the inclusion of participants into the reviewer database JISPPD journal, marking a step forward in their academic journey



AWARDS AND ACCOMPLISHMENTS

Pierre Award for Academic Excellence Fauchard Academy

Dr. Devalaraju Meghana, received the International PG Student Merit Award 2025 from the Pierre Fauchard Academy, Asia Region. The award was presented at the PFA Conference held on 6th April 2025 in Colombo, Sri Lanka, recognizing her outstanding academic excellence, research contributions, and dedication to the field of dentistry as a postgraduate student



Fellowship in Sports Dentistry



Dr. Pratik Kariya, Professor at KM Shah Dental College and Hospital, Vadodara, Gujarat has been awarded the prestigious Fellowship in Sports Dentistry by the Indian Academy of Sports Dentistry (IASD). The IASD is affiliated with the European Association of Sports Dentistry (EASD) and supported by the Indian Dental Association (IDA), making this honour both nationally and internationally significant.

The Fellowship in Sports Dentistry was conferred upon Dr. Kariya by Smt. Rekha Khadse, Honourable Union Minister of State for Youth Affairs and Sports, Government of India (भारत सरकार), at Sports Authority of India (SAI), Bangalore marking a moment of pride for the dental and sports health community

Fellowship of the International Association of Pediatric Dentistry



Prof. Dr. Richa Khanna has successfully completing the IAPD Fellowship Exam on 6th June 2025, conferred by the International Association of Paediatric Dentistry (IAPD)..

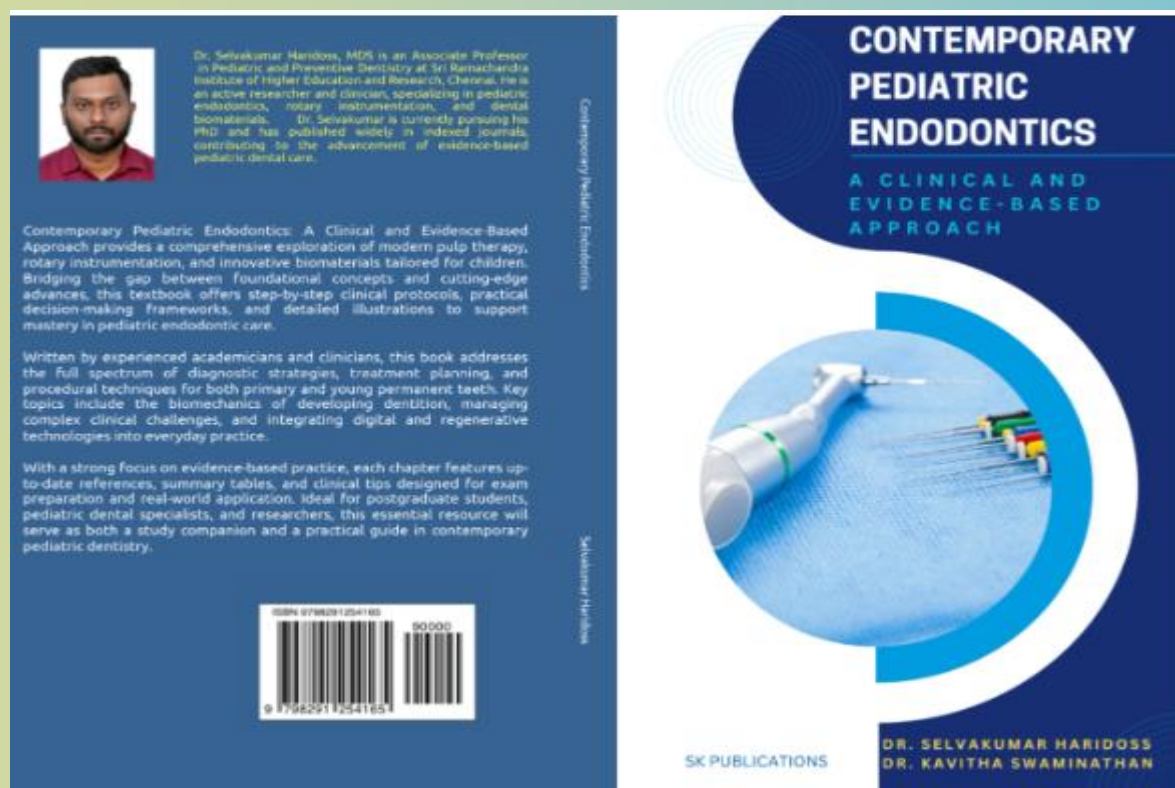
IDA National Charaka Award



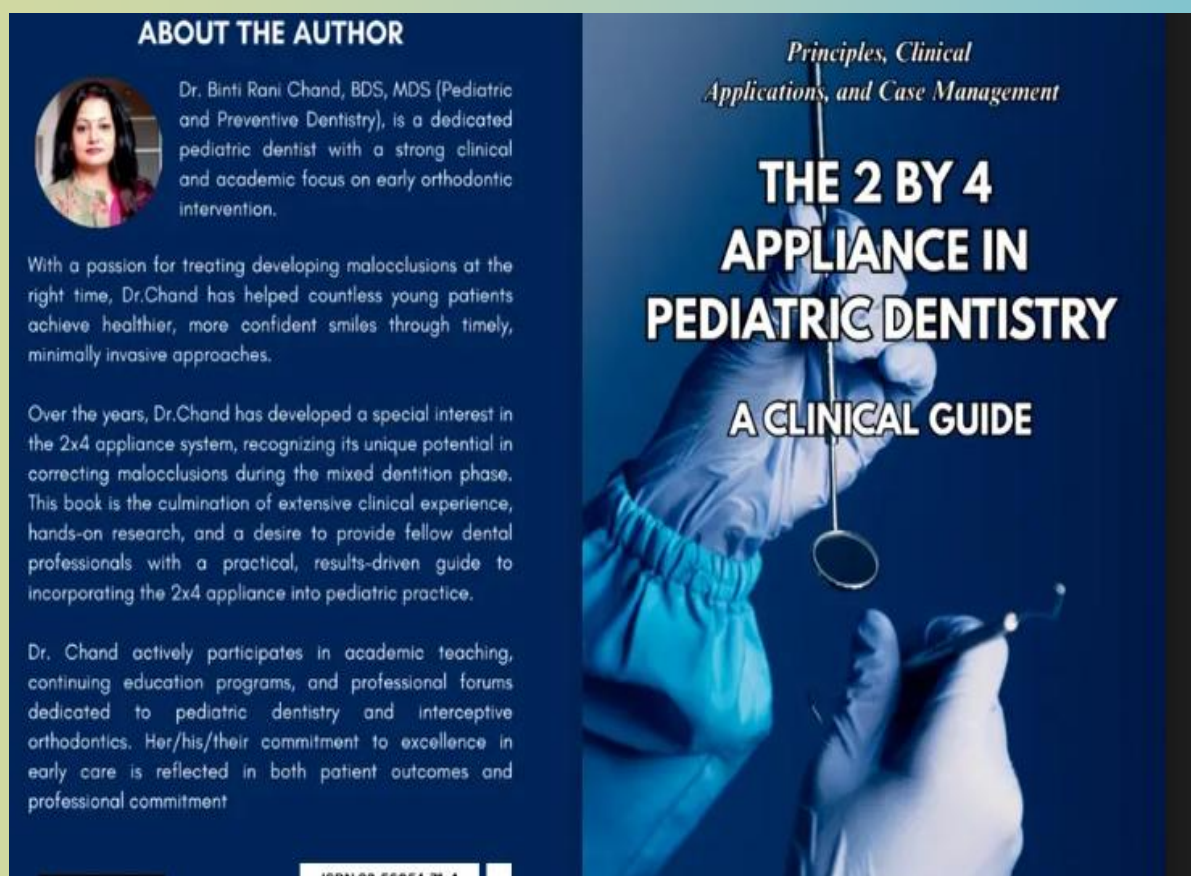
Dr. Krishna Patil Honored with IDA National Charaka Award for Excellence in Clinical Dentistry



Dr Pratibha Kukreja won second prize for e poster presentation at the Indian Dental association (IDA) Zonal conference on 20th July 2025 in Pune

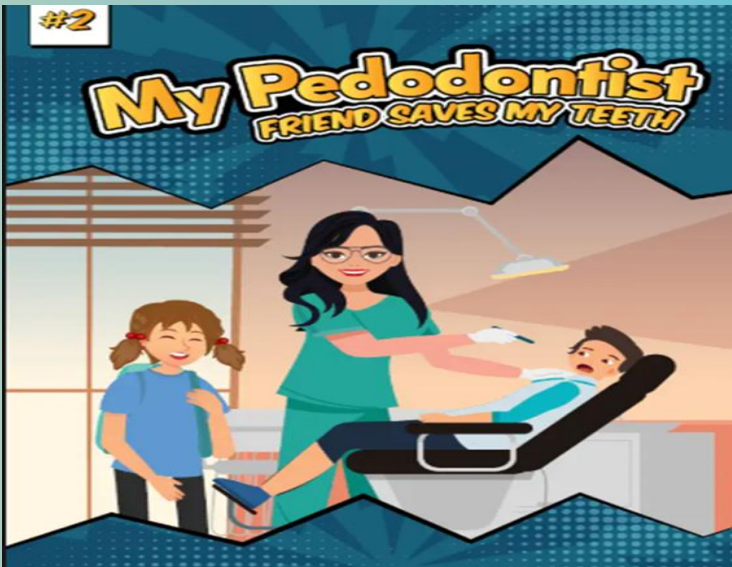


Dr. Selvakumar Haridoss and Dr. Kavitha Swaminathan authored “Contemporary Pediatric Endodontics” under SK Publications. This book is designed to serve as a comprehensive academic and clinical resource for postgraduate students and practicing pediatric dentists. The book covers foundational and advanced concepts in pulp therapy, diagnostic aids, contemporary materials, and involving rotary instrumentation in primary teeth. Special attention has been given to clinically relevant illustrations, updated guidelines, and step-by-step protocols aligned with evidence-based practice. The book is now available in both Kindle and paperback formats worldwide via Amazon. Book Link: <https://mybook.to/Pedoendo>



“The Principles, Clinical Applications, and Case Management Using the 2×4 Appliance in Pediatric Dentistry” is authored by ISPPD member **Dr Binti Rani Chand** . The book also includes forewords by eminent stalwarts in the field—Dr. Virendra Goyal and Dr. Ashish Saxena, lending further value and insight. It is available on both amazon and flipart. This book offers a concise and practical overview of this fixed interceptive appliance, widely used in the early mixed dentition

Dr Divya Gera, MDS Pediatric & Preventive Dentistry, under the expert guidance of her mentor Dr Nikhil Marwah, has authored and copyrighted two engaging comic books specifically designed for children. These books aim to make dental education fun, relatable, and easy to understand. By incorporating playful illustrations and child-friendly narratives, they help ease the fear of dental visits and encourage kids to adopt daily oral hygiene practices. The books not only highlight the importance of brushing and regular check-ups but also introduce common dental procedures in a gentle, reassuring way. Both titles are available for purchase on Amazon for use by parents and dental professionals.



Fellowship of the International Association of Pediatric Dentistry



Dr. Deepesh Prajapat



Dr. Sumaiyya S.



Dr. Abhishek Soni,



Dr. Reshma Elizabeth Rajan (Consultant Pediatric dentist, Salem) had the privilege of presenting an award-winning E-Poster titled **“The DNA of Better Sleep”** at the **1st International Pediatric OSACON 2025**, held on **15th June 2025** at Hyatt Centric, Bengaluru. This unique, multidisciplinary conference brought together leading experts in pediatric pulmonology, ENT, neurology, and dental sleep medicine to address pediatric obstructive sleep apnea (OSA) from a holistic perspective.

Dr. M. Sai Srujana and Dr. J. Sri Sai Vyshnavi, 2nd-year post-graduate students from the department of Pediatric and Preventive Dentistry, Sibar Institute of Dental Sciences, Guntur, Andhra Pradesh, have been selected as recipients of the 2024 Prevest Spark National Scholarship in the MDS category



Dr. Rajvi Shah PG Student, Dr HSRSM Dental College, Hingoli has been copyrighted by the Government of India. RockInj is a rocket-shaped syringe sleeve designed to reduce fear and anxiety in children during local anesthesia administration. Its modular design with detachable cone, body, and wings allows for easy sterilization, while its playful appearance helps shift the child’s focus away from the injection.



JSS Dental College & Hospital

ISO 90012015 Certified, Sri Shivarathreeshwara Nagara, Mysuru-570015

2nd year BDS Achiever ICMR-STS Research Grants 2025



**Miss. Zaara M under the guidance of Dr Brinda Suhas Godhi
Associate. Professor , JSSDCH, Mysuru**

Dr. Pallavi Parasramka, Senior Resident in the Department of Dental Surgery at Moti Lal Nehru Medical College, Prayagraj, Uttar Pradesh was selected as a reviewer for BMC Oral Health, a journal under the Springer Nature network..



Dental Awareness programmes

The Department of Dentistry, Government Medical College and hospital Chandigarh



The Department of Dentistry Government Medical College and hospital sector 32 Chandigarh in collaboration with IDA Chandigarh state branch and ICD section VI observed the World No Tobacco Day 31st May 2025 in the Department of Dentistry. The staff of hospital including safai karamcharis, attendants and patients visiting the hospital were made aware about the ill effects of Tobacco use. Awareness talk on harmful effects of Tobacco was given with powerpoint presentation. The talk started with emphasis on the Theme of this year ; Unmasking the appeal: Exposing industry tactics on Tobacco and Nicotine products ; Pamphlets depicting ill effects of Tobacco and remedial measures were also distributed. Brushing demonstration was also given and toothpastes were distributed

Dr. H.S.R.S.M. Dental College and Hospital, Hingoli

School Students visited the Department of Pediatric and Preventive Dentistry at Dr. H.S.R.S.M. Dental College and Hospital, Hingoli. The visit aimed to familiarize the students with the dental clinic environment, dental procedures, and basic instruments used in practice. The Chairman of the college, Dr. Hansraj Khurana was invited to the department to witness the event and encourage the participants. As a gesture of gratitude, a memento was presented to the teachers in appreciation of their guidance and contribution to the program. As part of the educational activities, postgraduate students performed a skit highlighting the causes of dental caries and emphasizing the importance of its prevention and timely treatment.



Sibar Institute of Dental Sciences, Guntur



As a part of a continuous school oral health awareness program, Department of Pediatric and Preventive Dentistry,, organized an oral screening and dental trauma awareness program at Bhashyam Blooms School, Guntur, where 2500 children were screened from 23-06-2025 to 27-06-2025. Children requiring emergency dental care were referred to our institute to do treatment free of cost

K.D. Dental College and Hospital, Mathura



In extension of World Oral Health month celebration, Department of Paediatric and Preventive Dentistry, K.D. Dental College and Hospital organized a dental screening and awareness camp at Lions Club Kalyan Karoti, Mathura.

The camp was conducted in collaboration with International College of Dentists (ICD), India/Sri Lanka/Nepal Section VI, on 17th April 2025.

The event included dental check-up of up to 104 physically disabled patients, wherein they were educated regarding the importance and maintenance of oral health

Department of Paediatric and Preventive Dentistry, KGMU



On 5th May 2025, the Department of Paediatric and Preventive Dentistry, KGMU, Lucknow, organized a large-scale oral health awareness and screening camp at St. Judes KG and Junior Primary High School, Chowk, Lucknow, under the guidance of the Head of Department. A total of 352 children were screened, with activities including dental check-ups, oral hygiene education, and live toothbrushing demonstrations to promote healthy habits from an early age.

A.B. Shetty Memorial Institute Of Dental Sciences, Mangalore

The Department organized a free dental screening camp at Sri Sri Ravishankar Vidya Mandir CBSE School, Yeyyadi on 8th April 2025 for 103 students and at DKZP Govt. Higher Primary School, Inoli on 13th June 2025 for 75 students. At the end of both the screening camps, the oral hygiene instructions were reiterated to the patients.



Happy Nest Dental Care . Kanpur



A dental screening camp was organised by Dr.Rashi Gupta, Happy Nest Dental Care Kanpur for special children, aiming to promote oral health awareness and empower them with good hygiene practices. The camp provided a unique opportunity for these children to learn about the importance of dental care and receive personalised guidance on brushing techniques. Interactive brushing sessions were conducted, teaching the children how to maintain good oral hygiene.. This initiative underscores the importance of inclusive dental care and its positive impact on children with special needs.

Awadh Dental College and Hospital , Jamshedpur



The Pediatric Dentistry Department of Awadh dental college and hospital Jamshedpur organized three free dental screening camps in May and June at Green Earth Playschool , Sonari , Jamshedpur and Sheyn International school ,Jamshedpur and High School Gopabandhu Vidyapeeth ,Telco ,Jamshedpur. The oral health screening was completed for a total of 1638 school students . Post graduate students along with Faculties of the department led to the successful completion of the camp. Along with screening these camps also taught about brushing techniques , dietary habits and overall oral health care .

Kannur Dental College , Kannur



The Department of Paediatric and Preventive Dentistry, Kannur Dental college, Kannur organized a 2 dental screening and awareness campS in June 2025 at Mowencherry UP school , Chakkarakal and Al Irshad school,Anjarakandy . More than 1500 students were screened

CDE PROGRAMMES

Sudha Rustagi Dental College, Faridabad

CDE program under The Aegis Of ISPPD

The Department of Paediatric and Preventive Dentistry successfully conducted a CDE programme titled “Pedogyaan – The Clinical Perspective” on 20th May 2025. The event featured renowned speakers who shared valuable clinical insights in paediatric dentistry. Dr. Shivani Mathur, Dean – Student Affairs, Professor and Head, ITS Dental College, Ghaziabad, delivered a lecture on “Managing a Paediatric Patient – A Challenge or an Art”, focusing on behaviour management techniques and effective clinical approaches. Dr. Noopur Kaushik, Professor, Subharti Dental College, Meerut, presented on “Non-Surgical Procedures Including Electrosurgery and Lasers”, highlighting modern, minimally invasive treatment options in paediatric care. A thought-provoking panel discussion on recent advancements in paediatric dentistry was conducted by Dr. Tanu Nangia, Professor and Head, Manav Rachna Dental College, and Dr. Neha Sheoran, Professor, Sudha Rustagi Dental College, Faridabad. The programme witnessed active participation from 90 delegates, including postgraduate students, interns, and clinicians from Sudha Rustagi College of Dental Sciences and Research and various Delhi-NCR colleges. The students presented 28 posters and received appreciation for the same. The event fostered academic exchange, clinical enrichment, and deeper understanding of paediatric dental practices, marking a successful and engaging scientific session.



Peoples College of Dental Science and Research Centre, Bhopal



The Department of Pediatrics and Preventive Dentistry, Peoples College of Dental Science and Research Centre in Bhopal, successfully hosted a 2-days National Workshop titled "INHALE AND ALIGN". The event was held on 28th-29th July 2025 and brought together experts, faculty members, and students from across the country to discuss recent advancements in pediatric and preventive dentistry. The workshop was graced by the presence of Dr. N.D. Shashikiran, President ISPPD, as Chief Guest, and Dr. Virinder Goyal, General Secretary, ISPPD as Guest of Honor. Renowned speakers Dr. Kunal Gupta, Dr. Jyotsna Gupta, and Dr. Ramneet Kaur shared their expertise on Nitrous oxide oxygen sedation, Clinical Trial registration trial mandate and sleep disorders respectively through insightful lectures, providing valuable knowledge to the participants.



The inaugural session commenced with a lamp lighting ceremony, invoking the blessings of Goddess Saraswati for wisdom and success. The Dean, Dr. Parimala Kulkarni, welcomed the participants and emphasized the importance of the workshop in promoting academic and professional excellence. Through a series of lectures and hands-on sessions, the workshop provided a platform for knowledge sharing, collaboration, and innovation in the field of pediatric and preventive dentistry. There were around 500 participants varying across undergraduate and postgraduate students, clinicians, and practicing pediatric dentists. Organizers of the program: Dr. Shilpi Tiwari, Dr. Shikha Mali, Dr. Anoop Kumar, and Dr. M. Srinivas.



A.B. Shetty Memorial Institute Of Dental Sciences, Mangalore



. The Department of Pediatric and Preventive Dentistry at A. B. Shetty Memorial Institute of Dental Sciences conducted an Industry Academia, Skill Development Programme (Hands-on workshop) in collaboration with Kids-E Dental, titled "Making Pediatric Dentistry" on the 6th of June, 2025. Dr. Aum Joshi, Consultant Pediatric Dentist and an alumnus of the college and Dr Amol Patil, Consultant Pediatric Dentist, represented Kids-E-Dental and served as the resource persons for the day. The programme, aimed to enhance the proficiency of the participants in Zirconia crowns, preformed space maintainers, Bioflex crowns and MTA apexification, was attended by a total of 73 delegates which included the post-graduate students and faculty belonging to the Department of Pediatric and Preventive Dentistry from the various dental colleges in Kerala and Karnataka

Manav Rachna Dental College, Faridabad



A one-day workshop on "*Systematic Reviews and Meta-Analysis*" took place on 19th May 2025 at Manav Rachna Dental College, organised by the Department of Paediatric Dentistry. The workshop was specifically designed for postgraduate students and faculty members to improve their research skills and critical appraisal abilities.

The main resource person for the event was Dr. Arun Kumar Patnana, Assistant Professor at AIIMS Rajkot, who is renowned for his expertise in evidence-based research and meta-analytic techniques. The workshop covered a wide range of essential topics, including choosing research questions, strategies for literature search, data extraction techniques, risk of bias assessment, conducting meta-analyses, and the GRADE approach for assessing evidence quality.



JSS Dental College and Hospital , JSS Academy of Higher Education and Research, Mysuru



Department of Pediatric and Preventive Dentistry, JSS Dental College and Hospital, in association with the Indian Society of Pediatric and Preventive Dentistry, conducted a workshop titled “Twin Block Therapy” on 13 th May 2025 at Gowrishankara Auditorium. This workshop aimed at enhancing clinical understanding and practical skills in functional appliance therapy. The event was formally inaugurated with a welcome address by Dr. Raghavendra Shanbhog, Head of the Department of Pediatric and Preventive Dentistry, JSS Dental College & Hospital.

The occasion was graced by the esteemed presence of the Chief Guest, Dr. B. Manjunatha, Registrar, JSSAHER, along with Dr. Dhakshaini M. R Principal, JSS Dental College & Hospital, Mysuru and Prof Dr Nandlal B . Dr. Subhadra H. N., Professor, Department of Pediatric and Preventive Dentistry at YMT Dental College and Hospital, Navi Mumbai, delivered an insightful lecture on twin block therapy—a functional appliance technique used to correct malocclusion by encouraging forward mandibular growth. Her presentation encompassed the rationale behind the therapy, appropriate case selection, indications, contraindications, design modifications, and clinical procedures. Following the lecture, a hands-on workshop was conducted, featuring a live demonstration on patients. The session saw enthusiastic participation of over 60 delegates from various dental colleges. The event concluded with a vote of thanks delivered by the organizing secretary, Dr. Brinda S. Godhi, Reader, Department of Pediatric and Preventive Dentistry, JSS Dental College and Hospital.



SMBT Dental College and Hospital, Sangamner

The Department of Pediatric and Preventive Dentistry at SMBT Dental College and Hospital, Sangamner, Maharashtra, organized a Training and Hands-on Course on Conscious Sedation on the 24th and 25th of April, 2025, under the esteemed chairmanship of Dr. Vinaya Kumar Kulkarni.

The program featured Dr. Ashwin Rao, Professor and Head, Department of Paediatric Dentistry, Manipal College of Dental Sciences, Mangalore, as the Subject Matter Expert. Dr. Rao captivated the attendees with his profound knowledge and exceptional clinical acumen in the field of conscious sedation, significantly enriching the learning experience for all participants.

The two-day course was meticulously structured to include a blend of lectures, case-based discussions, live patient demonstrations, and hands-on training sessions.

- Day 1 focused on oral and intranasal sedation techniques, with comprehensive explanations and live patient demonstrations.
- Day 2 was dedicated to inhalation conscious sedation, providing participants with both theoretical insights, live demonstration and practical hands-on exposure.

The course witnessed enthusiastic participation from undergraduate and postgraduate students, as well as faculty members from SMBT and neighboring dental institutions. Attendees greatly benefited from the interactive sessions and skill-building opportunities, gaining valuable clinical expertise in various modes of conscious sedation application in pediatric dentistry. This program served as a significant step forward in enhancing sedation practices in dental care.



**All About Conscious Sedation –
Understanding the Sedation
Triangle in Pediatric Dentistry**

Meenakshi Ammal Dental College and Hospital, Chennai



The Continuing Dental Education (CDE) programme was organized by the Department of Pediatric and Preventive Dentistry in association with the Department of Orthodontics and Dentofacial Orthopedics, Meenakshi Ammal Dental College and Hospital, MAHER.

The programme was conducted under the guidance of Dr. Devaki Vijayalakshmi, Professor and Head of the Department of Orthodontics and Dentofacial Orthopedics, and Dr. J. Mohammed Farzan, Professor and Head of the Department of Pediatric and Preventive Dentistry, on 18th June 2025.

The CDE programme featured a series of lectures and a hands-on workshop on the topic **“Management of Preadolescent Malocclusions.”**

Prominent Guest Speakers:

1. **Dr. Roshan Rayen**, an eminent Pediatric and Preventive Dentist, delivered a guest lecture titled **“Sleep, Breath and Smile – The Interplay Between Pediatric OSA and Functional Malocclusion”** from 9:00 AM to 10:00 AM.
2. **Dr. Badri Thiruvengkatachari**, Professor of Orthodontics with expertise in Craniofacial Orthodontics, presented a lecture on **“Management of Pre-Adolescent Craniofacial Deformities”** from 11:00 AM to 12:00 PM.
3. **Dr. Ratna Parameswaran**, internal faculty from the Department of Orthodontics, delivered a lecture on **“Orthodontic Intervention of Pre-Adolescent Malocclusion”** from 12:00 PM to 1:00 PM.

In the afternoon, a hands-on session was conducted on the **fabrication of two types of utility arches**, accompanied by a video demonstration. This session was held from 2:30 PM to 5:00 PM.

The CDE programme was a resounding success, with 128 participants from both specialties.

Regional Dental College and Hospital, Guwahati



The Department of Pediatric and Preventive Dentistry, Regional Dental College and Hospital, Guwahati organized a CDE programme on the topic “Oral Sedation In Dentistry” on the 4th of June, 2025 in the college auditorium. The programme was organized under the leadership of Dr Pranamee Barua, Reader & In-charge, Department of Pediatric & Preventive Dentistry, Regional Dental College, Guwahati.

The team with special mentions of Dr Sulekha Doley, Dr Sampanna Kalita, Dr Anindita Talukdar and Dr Bijoya Bora did a great job to execute the programme flawlessly. Dr Sonal Gupta, Professor and Head, Department of Pediatric and Preventive Dentistry, K.D Dental College and Hospital was the guest speaker for the CDE programme. All the post graduates, undergraduates and faculty members of the institution attended the programme. The programme was greatly appreciated by the pediatric dentists of the region as well as by the undergraduate and post graduate students of the institution.



MCODS, Manipal



The Department of Pediatric & Preventive Dentistry, MCODES, Manipal, successfully conducted a hands-on workshop titled "Precision and Protection: Mastering Rubber Dam Techniques in Pediatric Dentistry" as part of the Manipal Dental Conference (MDC) 4.0.

Dr Saurabh Kumar & Dr Sumit Gaur, expert faculty from the department, guided attendees through step-by-step demonstrations, followed by one-on-one mentoring during the practical sessions. The collaboration with Coltene ensured participants had access to high-quality materials and tools during the training. The workshop concluded with an interactive Q&A session, and certificates of participation were distributed. The event was met with highly positive feedback, with participants appreciating the practical insights and clinical applicability. This initiative reflects the department's continued commitment to clinical excellence and the adoption of evidence-based, cutting-edge techniques



IN SPOTLIGHT

International Yoga Day



International Yoga Day was celebrated on 21st June 2025. The Department of Pediatric and Preventive Dentistry, Sibar Institute of Dental Sciences, Guntur, Andhra Pradesh, organized a yoga session highlighting the importance of yoga in maintaining good health by integrating it as a part of one's daily activities. Around 500 Students, teaching and non-teaching faculty actively participated in the event.

The Guardian of Little Smiles

In a room where laughter softly floats,
With tiny shoes and pastel coats,
Where stickers wait and toys abound,
A special kind of care is found.

Not just a dentist more than name
A healer in a gentler game.
With eyes that see beyond decay,
And words that take the fear away.

A pediatric dentist, calm and wise,
Sees wonder through a child's eyes.
They mend the teeth, but more than that—
They mend the trust where fears once sat.

They sing through drills, they paint with cheer,
They coax out smiles and wipe each tear.
They know a scream, a stubborn stare,
Is just a way to show they care.

They treat the child who squirms and bites,
The one who cries through sleepless nights.
They learn to speak in silent ways,
With nods, and toys, and gentle praise.

For some can't talk, and some can't sit,
Some need time before they commit.
Yet in those eyes, so deep and wide,
They find the strength that lies inside.

They fight decay, they build with seal,
But more than that—they help kids heal.
They teach a mom how to brush slow,
They teach a dad what signs to know.

For every child, with or without need,
Deserves a smile, a chance to lead.
Be it autism, fear, or cleft and scar,
They treat each child a shining star.

And though their coats are not bright gold,
Their hands are gentle, firm, and bold.
They sculpt with science, work with grace,
And bring back joy to every face.

So here's to those who kneel and bend,
To earn a smile, to be a friend.
The guardians of each tiny grin,
Who fight decay—and always win.

Narsinhbhai Patel Dental College and Hospital, Visnagar,

Iontophoresis is a non-invasive technique for drug delivery based on a mild electric current that increases the penetration of molecules, charged or not, into biological tissues and has shown benefits in other areas of dentistry, such as anaesthesia. Unlike the mechanisms of other penetration enhancer technologies, Iontophoresis is not dependent on a mechanical tissue abrasion for promoting drug distribution. Even though minor transitory changes may occur in the biological barrier subjected to the electrical current, greater drug penetration and distribution are reported besides the adjacent application sites.

The iontophoresis probe has emerged as a valuable tool, particularly for the local anesthesia delivery, which showed effective results. The key impact was excellent cooperation from patients as it is needle-free. Clinicians noted ease of application and improved outcomes compared to conventional treatment. The iontophoresis probe demonstrates potential as a safe, effective, and patient-friendly modality for achieving local anesthesia in dental tissues. Its application is a promising adjunctive tool in restorative, surgical and endodontic treatment procedures. A pilot research project conducted in the department has proved the effectiveness of this technique for extractions and endodontic therapy. This is available in the published literature (Mistry H, Fernandes S, Haq M, et al. (August 19, 2023) Iontophoresis-Infused Deep Topical Anesthesia and Injectable Local Anesthesia for Dental Procedures Among Pediatric Patients: Performances and Consequences. Cureus 15(8): e43748. DOI 10.7759/cureus.43748)

The department of Pediatric and Preventive Dentistry, Narsinhbhai Patel Dental College and Hospital, Sankalchand Patel University, Visnagar, Gujarat, India has published a patent for this **Iontophoresis Probe** date: 24/11/2023 Application no: 202321069392 A.



Round probe used for
Anaesthesia



Sharp probe used for Endodontic
procedures



Coorg Institute of Dental Sciences ,Virajpet

INTEGRATING PAEDIATRIC DENTAL PRACTICE FOR CHILDREN WITH SPECIAL HEALTH CARE NEEDS.

Special children remind us of the values of compassion, inclusivity, and the dignity of every individual. From a paediatric dentist's point of view, understanding and addressing their unique needs is not just a professional responsibility but a moral commitment to equity in healthcare. They matter to society because of their embodiment of resilience: Special children often overcome immense personal challenges, inspiring those around them with their strength and determination. Catalysts for empathy: Their presence urges communities to become more empathetic, patient, and supportive. Diversity and inclusion: They reinforce the importance of creating accessible systems that embrace all individuals, regardless of ability. Shaping better professionals: Working with special children helps healthcare providers, including dentists, become more skilled, compassionate, and holistic in their care approach.

The role of a paediatric dentist begins with early diagnosis and prevention of caries. Dentists play a key role in preventing oral diseases early by customised care delivery, building trust, and advocacy of oral hygiene.

A Journey of Care and Commitment from the department.

Over the past two decades, our department has remained steadfast in its commitment to delivering comprehensive oral health care to children, especially those with special health care needs. Our mission has extended beyond clinical treatment, emphasising community outreach and nurturing the next generation of compassionate and skilled dental professionals.

In the realm of clinical services, our department has provided a wide range of treatments tailored to meet the diverse needs of children. Preventive care—including fluoride applications and dental sealants. Oral hygiene counselling has been a cornerstone of our efforts. Restorative procedures such as fillings, pulpectomies, and stainless steel crowns have been carried out in a child-friendly manner. We have rendered advanced care in endodontics and interceptive orthodontics, removable and fixed partial dentures, as well as complete dentures when required. Special emphasis has been placed on managing medically compromised children and those with behavioural challenges, incorporating behaviour management and sedation techniques to ensure a safe and comfortable experience.

Special children enrich our society with unique perspectives and strength. From a paediatric dental perspective, caring for them is not just about treating teeth – it's about recognising their worth, upholding their rights, and ensuring that oral health care is accessible and respectful for all. As paediatric dental professionals, our role is to help them smile with dignity, comfort and confidence.

LETTER

Breaking Barriers in Dentistry

My journey from small-town India to teaching at the world's top dental university.

I am Dr. Nandini Kumari Katta, and my journey from Davangere, Karnataka, to teaching at ****King's College London—the world's top university for dentistry—****has been anything but ordinary.

After completing my dental education in India, I moved to Malaysia, where I spent four enriching years as a paediatric dentist at AIMST University. I conducted oral health webinars, championed hygiene awareness, and worked with children with special needs. Those experiences reaffirmed why I chose dentistry: to serve with compassion.

During that time, I cleared the MFDS exam (Edinburgh) and the UK Licensure Exam in Dental Surgery (LDS Royal College of Surgeons, England)—both on my first attempt. These milestones gave me the courage to take the biggest leap of all: moving to the UK.

Life as a young mother and overseas dentist wasn't easy. I vividly remember attending my first King's College London interview with my three-month-old daughter in my lap. I didn't get the job, but it gave me confidence that my potential was recognized. On my second attempt, I succeeded—and became a Clinical Teacher in Paediatric Dentistry at King's.

As a woman, I faced criticism—told how to behave, how to dress, and even advised me to give up dentistry to focus solely on motherhood. But I refused to let others define me.

My desire for freedom and authentic teaching inspired me to create NS2 Dental Academy, where I now train overseas dentists for UK exams, guide careers, and mentor mother-dentists balancing both worlds.

To every woman and mother chasing her dreams—remember, you don't have to choose. Your children will not only hear your words but also watch your courage.

If I could make it from Davangere to King's, London, so can you. Dream big. Aim high.

Dr. Nandini Kumari Katta

LDS RCS Eng, MFDS Ed, MDS - Paediatric Dentistry (India) Associate Dentist - United Kingdom

Clinical Teacher, Paediatric Dentistry Kings College London





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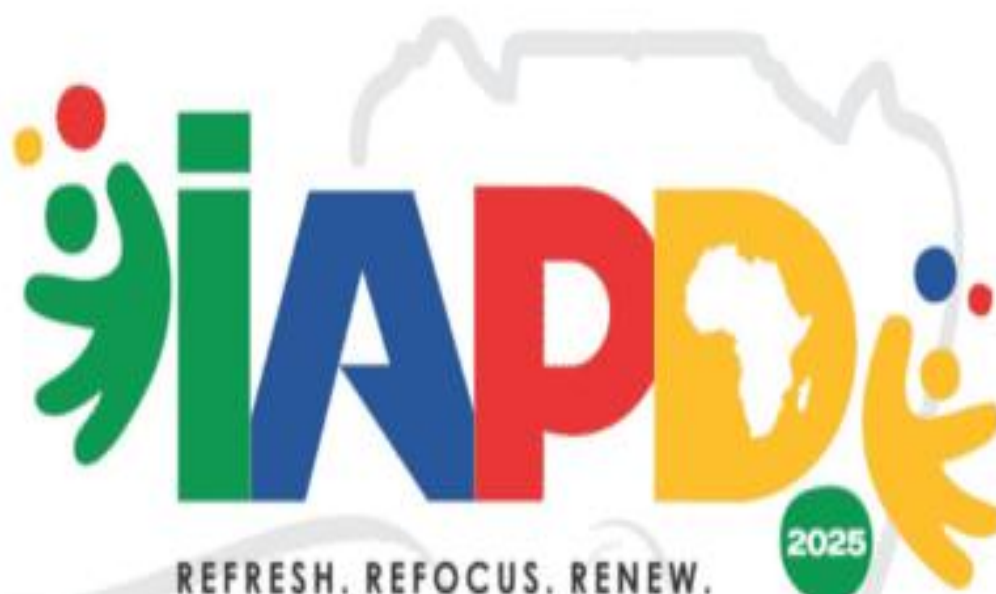




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Stay Connected

Dear Esteemed Members

Warm greetings from the Indian Society of Pedodontics and Preventive Dentistry.

To keep you informed and connected with the latest updates and events of the society, we are excited to share the official social media handles of ISPPD. These platforms will serve as a hub for announcements, scientific discussions, and community engagement.

We encourage you to follow and engage with us on social media platforms.

By following these platforms, you will stay updated on:
Upcoming conferences and workshops, Latest research and publications, Society activities and initiatives, Member highlights and achievements

We value your support and look forward to fostering a stronger, more connected ISPPD community.



Warm regards,
Dr. Varinder Goyal
General Secretary

Indian Society of Pedodontics and Preventive Dentistry (ISPPD)

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